



Episode 4: Patience



Name

Directions: After watching the Mornings With Mr. C episode on patience, answer the questions below. Use the word bank to help you.

Word Bank:

patient impatient wait calm control frustrated

1. People that are _____ wait calmly for things to happen without getting upset.
2. The word _____ is the opposite of the word patient.
3. Impatient people often get _____ or restless when delays occur.
4. There is an old phrase that says, "Good things happen to those who _____."
5. Being patient involves being in _____ of your own behavior.
6. Whenever you feel that you are going to lose your patience, try doing something to _____ yourself down.



To check your answers, flip your paper upside down