



## Episode 2: Confidence



Name

**Directions:** After watching the Mornings With Mr. C episode on confidence, try your best to answer the questions below. Use the word bank to help you.

### Word Bank:

confidence overconfident underconfident can mistakes milk

- 1. Believing that you can accomplish your goals means that you have \_\_\_\_\_.**
- 2. One important life lesson is to learn from your \_\_\_\_\_.**
- 3. Not believing in yourself to succeed means that you are being \_\_\_\_\_.**
- 4. Saying to yourself, " Yes, I \_\_\_\_\_," is a good way to build confidence.**
- 5. The goo that covered Mr. C at the end was made up of applesauce, oatmeal, pudding, and \_\_\_\_\_.**
- 6. Thinking so highly of yourself that you believe that you are greatly superior to other people is example of being \_\_\_\_\_.**



**To check your answers, flip your paper upside down.**